

# introducing RESILIENCY. SUPPORT. THERAPY.



## WHO

An employee assistance program specifically for victim service providers in North Dakota wanting to address the impact of working in high stress and trauma-exposed fields.

## WHAT

Individual sessions focused on building resilience for working in trauma-exposed fields, low-impact debriefing, vicarious trauma support, or evidence-based therapy for vicarious trauma.

## WHERE

RST has designated providers with specialty training and expertise in treatment of trauma and vicarious trauma. Select a RST provider and call to schedule your confidential session either in-person or via telehealth.



Address the *impact* of working with  
*high stress and exposure to trauma*



## rst designated providers

Contact one of the following providers to schedule a session



June Forde M.S., LPCC  
Forde Counseling Services  
Fargo, ND  
701.941.0175  
FHAfargo.com



James Pfeifer M.S., LPCC  
Pfeifer Counseling Services  
Fargo, ND  
701.941.0175  
FHAfargo.com



Tessa Sicble M.S., LPC  
Mindful Health  
Counseling & Wellness  
Bismarck, ND  
701.751.0302  
mindfulhealthnd.com



Angell Naslund M.S., LPCC  
Naslund Counseling Services  
Fargo, ND  
701.941.0175  
naslundcounselingservices.com



## FREE!

RST is grant funded and is no cost to victim service providers and their employers

Sessions Available Now → Don't Delay

**YOUR HEALTH & WELL-BEING IS A PRIORITY!**